Soap Making Procedure

Materials/ Ingredients

i. 1 cup caustic soda  
ii. 3 cups water/lemon juice  
iii. 7 cups oil (groundnuts, shea butter, or oil palm)  
iv. Perfume 15ml x 2  
v. Dye (optional)  
vi. 2 basins (1 small and 1 big)  
vii. Wooden ladle  
viii. Small calabash with handle  
ix. Measuring cup  
x. Molder

Handy measurement

i. 5 bowls of water  
ii. 5 bowl of oil  
iii. \( \frac{1}{2} \) bowl of caustic soda

Preparation

i. Wear all the necessary safety gear like gloves, mask and apron  
ii. Prepare all the material needed on a working table.  
iii. Mix 1 cup of caustic soda to 3 cups of water or lemon. Stir thoroughly after traces of caustic soda totally dissolve.  
iv. If you are using the sheabutter, melt sheabutter in a pan in low fire.  
v. Pour the caustic soda to the 7 cups of oil stirs slowly and constantly in one direction until it thickens or the mixture has the consistency of condensed milk.  
vi. If you want to add some essential oil or perfumes, you can add this little by little whiles stirring.  
vii. Pour the mixture in molder and place in a temperate and safe place that cannot be reached by children.  
viii. Wait after 2 to 3 weeks to age before using it.

Note: 50% oil should be a combination of vegetable oil or coconut oil, 20% palm oil or melted shea butter and 30% groundnut oil.